

Issue 65
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CENTER FOR EXCELLENCE ON ADDICTION

ADDICTION ROUND UP

The Addiction Round Up is a monthly newsletter providing current information and research related to alcohol and other drugs.



WE CAN HELP

Center for Excellence on Addiction

The Center for Excellence on Addiction is available to assist with a variety of needs related to alcohol and other drugs. If you or your organization are interested in receiving expert consultation, technical assistance, and/or training, please complete this [request form](#).

Updates from The Partnership

The Partnership @drugfreeNH has a [new blog post](#), *Quit, Cut Back, Prevent: Small Intentional Changes Can Make a Big Impact*. Young people notice how we celebrate, relax, and cope. Taking an intentional break from alcohol can show your kids that substances aren't the only way to have fun or de-stress. Read and share the Partnership's [blog](#) to learn about the benefits of taking a break from alcohol for your health and for the young people in your life. See how small, intentional changes can make a big difference.



ADDICTION UPDATES

Call for Conference Poster and Breakout Session Submissions

The New England Rural Health Association is currently accepting [poster](#) and [breakout session](#) submissions for their annual conference, taking place November 17-18 in Concord, New Hampshire. The conference theme will be Weaving Transformation into the Rural Fabric, with an emphasis on partnerships strengthening rural health across New England. Submissions are limited and reviewed on a rolling basis.

Save the Date: NH Treatment Court Conference

The NH Treatment Court Conference brings together treatment court coordinators, case managers, community support organizations, probation and parole staff, judges, attorneys, behavioral health providers, social workers, and law enforcement for two days of education on how to better support persons throughout NH involved with treatment courts. [Save the date](#) for

this two-day (September 16th -17th), in-person event that will include educational sessions with continuing education credit, networking opportunities, and exhibits. Registration opens in early summer.



PROJECT SPOTLIGHT

2027 Middle School YRBS

The Center is excited to offer its Middle School Youth Risk Behavior Survey (YRBS) services for the 2026-2027 academic year. Developed by the Centers for Disease Control and Prevention (CDC), the YRBS is an anonymous survey given to students to track behaviors that affect adolescents and the impacts on their long-term health. For several years, middle schools in the state have utilized the Center's robust YRBS service to learn more about the students they serve, and how best they can support them. From start to finish, the Center works to ensure schools have ownership of their survey, with student privacy kept on the forefront of all that we do. If you are interested in learning more about bringing a middle school YRBS to your community please submit a request (<https://nhcenterforexcellence.org/our-services/middle-school-yrbs/>) and we will get back to you as soon as possible. Keep an eye out for our upcoming report detailing the Center's experience administering the Middle School YRBS. For more information, please reach out to ryan.barry@jsi.org for more information.



YOUR RESOURCE CONNECTION

Key Substance Use and Mental Health Indicators in the United States: Results from the 2025 National Survey on Drug Use and Health

SAMHSA has shared the results of the 2025 National Survey on Drug Use and Health (NSDUH). The [report](#) provides a summary of substance use consumption and treatment rates, mental health outcomes, and behavioral health access. A Companion Infographic Report is also available providing more accessible graphics and data explanations.

What is a Certified Community Behavior Health Clinic?

This two page [infographic](#) from SAMHSA describes the purpose of Certified Community Behavior Health Clinics (CCBHCs) in providing mental health care and substance use disorder treatment. The resource also includes information on the distribution of CCBHCs across the United States, funding sources, and impact on specific populations.

Advisory: How Wearables and Other Digital Tools are Driving Innovation in Behavioral Health

This new [advisory](#) from SAMHSA describes how digital resources including wearable devices, health apps, telehealth platforms, and AI-enabled screening tools are changing the behavioral health landscape. The report describes the types of digital tools available, their data processes, and important considerations for integrating these tools into behavioral health care settings.

Connecting Primary Care Patients to Substance Use Treatment: Successful Referral to Treatment

This [brief](#) from the National Academy for State Health Policy (NASHP) provides an overview of SBIRT (Screening, Brief Intervention, and Referral to Treatment) services and key takeaways for states. Within New Hampshire, The Center for Excellence on Addiction is highlighted for its SBIRT training and Doorways is recognized for its referral services.

ASAM Practice Pearls - Polysubstance Intoxication: Managing the Unknown

This is the newest [podcast episode](#) from the American Society of Addiction Medicine's (ASAM) Practice Pearls series. Listeners will learn about methods for evaluating and managing patients with polysubstance intoxication.

Recovery coach doulas bring life experience in protecting pregnant women with substance use disorders

This [article](#) from UCHHealth describes the Recovery Coach Doula Program at the University of Colorado Anschutz College of Nursing. This dual certificate program aims to better support the needs of pregnant and postpartum people who are using substances, engaged in substance use treatment programs, or in recovery. The program aims to reduce stigma around substance use disorder and improve patient mental health outcomes.

ASAM Substance Use Disorder Treatment in Jails and Prisons Course

This is a free 2-hour self-paced virtual training [course](#) on Treating Substance Use Disorders in Jails and Prisons from the American Society of Addiction Medicine (ASAM). The course covers the prevalence and impact of SUD among incarcerated populations and provides participants with practical skills in screening, assessment, and safe withdrawal management for opioid and alcohol use disorders.



MARK YOUR
CALENDAR



LGBTQ+ Youth Suicide Prevention

In this [virtual training](#), participants will learn from Connor's Climb Foundation and New Hampshire Outright about mental health risk and protective factors specific to LGBTQ+ youth. The training will also cover strategies for mitigating the risk of suicide.



Governor's Commission on Addiction, Treatment, and Prevention

The Governor's Commission meets regularly on the second Friday of even-numbered months. Meetings are open to the public. The next meeting is on August 14, 2026 at NH State House, Executive Council Chambers in Room 208. Please see the full [2026 meeting schedule](#) for future meeting dates.



Manifestations and Treatment of Anxiety throughout Adolescent Development

In this [in-person workshop](#), participants will learn how anxiety can manifest throughout various developmental stages. The session will also cover connections between cannabis use and anxiety, including alternative approaches and interventions for supporting youth using cannabis.



Co-Occurring Mental Health and Substance Use Disorders in Adolescents and Young Adults (AYA)

In this [virtual training](#) led by ATTC New England, participants will learn about the prevalence, presentation, screening, and treatment of mental health and substance use disorders in youth ages 16-25. The training will highlight resources, referral pathways, and collaborative care strategies.



Person-Centered Understanding of Psychosis

This is a [two-part workshop](#) on working with individuals experiencing psychosis. Participants will learn about identifying symptoms of psychosis and use person-centered language to build rapport with clients. The training will address common misconceptions and strategies to reduce stigma.



The Use of Expressive Arts Therapy for People With Substance Use Disorder
This [in-person training](#) provides an overview of art therapy and provides examples of ways art therapists can support individuals with substance use disorder. Participants will be encouraged to engage in art materials of their choice and create art reflective of their experiences.

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