

Issue 58
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CENTER FOR EXCELLENCE ON ADDICTION

ADDICTION ROUND UP

The Addiction Round Up is a monthly newsletter providing current information and research related to alcohol and other drugs.



WE CAN HELP

Center for Excellence on Addiction

The Center for Excellence on Addiction is available to assist with a variety of needs related to alcohol and other drugs. If you or your organization are interested in receiving expert consultation, technical assistance, and/or training, please complete this [request form](#).

Updates from The Partnership

Join us at an upcoming Partnership Convening! These virtual solution focused learning opportunities are designed to expand your knowledge on state-specific topics and strengthen your connection with the NH prevention community.



Whether you are new to prevention or a seasoned professional, you'll connect with people and find resources to foster flourishing within your family, workplace, school or community. Certified Prevention Specialists earn CEUs. Register for the events [HERE](#).

- January 9th, 10:00 – 11:30, Violence Prevention Along a Continuum: Regulating Big Emotions, Managing Anger Management, and Preventing Dating Violence. (Description Below)
- March 6th, 10:00 – 1:00, Beyond the Lecture: Building Trust to Guide Youth Conversations About Cannabis.
- Date To Be Announced: Understanding the YRBS Data for Impact in Your Community

The Partnership @drugfreeNH Virtual Training: A Public Health Approach to Violence Prevention

What prevents violence in the lives of young people? Preventing our youth from experiencing violence requires a public health approach to address adverse childhood experiences, teach interpersonal skills, expand opportunities, promote connection, and create protective environments. This expert panel will [spotlight promising universal and selective violence prevention initiatives](#) that are teaching NH youth essential skills while shifting social norms. [Earn certified prevention specialist CEUs!](#)

Featuring:

- Elaina Wheaton and Joi Kenny with the Upper Room in Derry, NH will discuss [Take Control](#), a four-week conflict and anger management course for teens.
- Emily Provencher and Riley Kavanagh with the NH Coalition Against Domestic and Sexual Violence will discuss two initiatives:

- [The Healthy Relationships Project](#), which teaches adults how to boost protective factors and reduce risks for all youth in the school community.
- Boys to Men, which engages male athletes in important conversations about personal development and teaches positive conflict resolution.

Join us on January 9th from 10:00 - 11:30am - [Register Now!](#)



ADDICTION UPDATES

2025 New Hampshire Behavioral Health Summit

On Monday, December 8th and Tuesday, December 9th, members of the Center for Excellence team tabled at the [2025 New Hampshire Behavioral Health Summit](#) in Manchester, New Hampshire. Representatives from the Center project, NH Perinatal Substance Exposure Collaborative, also presented on *Family Care Plans in Action: Prenatal and Postpartum Support for Those Impacted by Substance Use*. This summit provides educational opportunities for behavioral health providers, advocates, students, and policy makers across the state.



Call for NERHA Board Members

The [New England Rural Health Association](#) is currently accepting nominations for three open board states for individuals representing New Hampshire, Connecticut, or Massachusetts. Nominees should be passionate about advancing rural health across New England and be willing to commit to a two-year board commitment. Individuals interested should complete the [nomination form](#) or reach out to admin@newenglandrha.org with any questions.



PROJECT SPOTLIGHT

Student Assistance Programs Serve More Students Each Year

[Student Assistance Programs \(SAP\)](#) are an important piece of the school support network. SAP Coordinators (SAP-C) are trained professionals who provide confidential, free support to students, teachers and families. SAP-Cs improve the school environment and offer critical prevention and early intervention support. They meet with students individually or in groups, teach coping skills, and link families to community resources. Support is confidential and free with parent permission. Learn more about SAPs [HERE](#).



YOUR RESOURCE CONNECTION

Who Are Opportunity (Disconnected) Youth?

This [blog post](#) written by the Annie E. Casey Foundation using data from their associated [KIDS COUNT® Data Center](#) describes recent trends in “opportunity youth” or older teens neither working nor in school. The article also highlights strategies for supporting and engaging opportunity youth at the systemic and individual level.

Johns Hopkins Collecting Tribal Success Stories from \$1.5B Tribal Opioid Settlement

The [Center for Indigenous Health](#) at the Johns Hopkins Bloomberg School of Public Health has invited Tribes and Tribal Health Organizations to share their experiences funding projects through Tribal opioid settlement dollars. The organization aims to create an interactive map showcasing various regional projects and initiatives. Interested individuals can share their experience [HERE](#) through February 28th, 2026.

Overdose deaths are down across much of the U.S. One community offers clues as to why

This [short NPR interview](#) with Martha Bebinger describes overdose prevention successes in Worcester, Massachusetts. The city has recently started a mobile clinic to expand access to methadone, Narcan, and drug testing supplies.

Youth Inpatient and Residential Treatment Psychiatric Beds

This new [short resource](#) from SAMHSA describes national trends in youth psychiatric beds from 2010-2022. The report also highlights recommendations for states and communities in increasing access to care.

Tobacco in Films: 2024

This [report](#) from the truth initiative and NORC at the University of Chicago, examines tobacco imagery in popular 2024 box office films. The report details the number of tobacco incidents, the types of tobacco products used, and the demographics of youth audiences viewing the films.



**MARK YOUR
CALENDAR**



Prevention Certification Board of NH Virtual Office Hours

The Board will be holding regular office hours on the first Friday of each month from 11:30am - 12:30pm. The office hours will take place via Zoom and can be accessed using [this link](#). Come meet the Board and get your questions about CPS certification answered!



Advanced CBT: Integrating Relational Clinical Skills to Enhance Outcomes

This is a three hour [virtual training](#) on using cognitive behavioral therapy (CBT) to improve clinical outcomes. Participants will learn about clinical relational skills and the concept of client experiencing (EXP).



Addressing Substance Use in Youth with a Prevention Approach

In this [virtual training session](#), participants will discuss existing prevention frameworks like Safety First and the impact of recent Youth Risk Behavior Survey (YRBS) data. The training will highlight best practices for engaging youth using evidence-based drug education and risk factors for youth substance use.



Screening to Placement: Using SBIRT and ASAM to Guide Levels of Care

In this [virtual training session](#), participants will learn about the Screening, Brief Intervention, and Referral to Treatment (SBIRT) and the American Society of Addiction Medicine (ASAM) Criteria approaches to determining level of care

for substance use disorders. Participants will also learn about the stages of change model and identify interventions for various levels of care.



Co-Occurring Disorders: Trauma-Related and Substance Use Disorders

In this [virtual training](#), participants will learn about the overlapping impact of trauma-related conditions and substance use disorders. Participants will learn how to apply trauma-specific care principles to SUD treatment programming and address negative stigma.

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