

Medicaid prenatal and postpartum care programs

Ensure a healthy start for you and your baby



Early Care for a Healthy Start

Studies show that women who receive early, regular care before baby arrives (prenatal care) are healthier and have healthier babies. With regular prenatal care, you can:

- Watch your baby's growth
- Identify any health issues early
- Get to know your medical providers
- Ask questions and get important emotional support

If you have Medicaid coverage through a Managed Care Organization (MCO):

Reach out to your Medicaid MCO (AmeriHealth Caritas, NH Healthy Families, or WellSense) as soon as you know you're pregnant.

After Your Baby Arrives

Caring for your body and mind after pregnancy (postpartum) is key to your health and well-being, allowing you to be there for your little one. **Postpartum care is now covered by Medicaid for 12 months after your baby is born.** During postpartum healthcare visits, you can:

- Get support during a time of physical and emotional change
- Learn about feeding and infant care
- Ask any questions you have about family planning



Your MCO may offer financial rewards for attending prenatal and postpartum visits, as well as benefits such as car seats and breast pumps at no cost to you! Scan the QR code below to learn more.



Department of
**HEALTH &
HUMAN SERVICES**

Learn more at
www.dhhs.nh.gov/MedicaidBabyPrograms

