

Issue 45  
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# CENTER FOR EXCELLENCE ON ADDICTION

## ADDICTION ROUND UP

The Addiction Round Up is a monthly newsletter providing current information and research related to alcohol and other drugs.



WE CAN HELP

### Center for Excellence on Addiction

The Center for Excellence on Addiction is available to assist with a variety of needs related to alcohol and other drugs. If you or your organization are interested in receiving expert consultation, technical assistance, and/or training, please complete this [request form](#).

### Technical Assistance for NH MS YRBS Services

The Center has developed an electronic Middle School Youth Risk Behavior Survey (MS YRBS), based on the 2025 CDC MS YRBS Survey, for use by NH middle schools to survey students in grades six through eight. Many middle schools in NH have participated in the MS YRBS in order to inform community-based health initiatives. The survey meets the Drug-Free Community (DFC) grantee reporting requirements. Given an increased interest from communities to understand the behaviors and perceptions of middle school youth, the Center has integrated these services into their technical assistance request process. For further information about the services and cost based on your specific needs, please review the [MS YRBS page](#) on the Center website and if interested in services, please [submit a TA request](#).

### Updates from The Partnership

Is public messaging one of your substance use prevention strategies? The Partnership provides NH-specific substance use prevention messaging and resources to public and private organizations and individuals. Connect with us to collaborate on communications content to develop, refresh, enrich, or elevate key messages for your community. See the 2024 [Convening Schedule](#) for future meetings. Agendas are released closer to the convening date. Join our [mailing list](#), and check out our latest resources, which include the [Partnership Prevention Blog](#) and [Power of Prevention Podcasts](#).



- New Resource: [Five Things to Know About Cannabis & Teens postcards](#)



## ADDICTION UPDATES

### **NEW Learning Opportunity: Treating Addiction in Jails & Prisons ECHO**

Participate in a learning community of [professionals working in carceral settings](#) who deliver substance use disorder, mental health, and/or infectious disease services. This opportunity is open to jails and prisons located in New Hampshire, Connecticut, Delaware, Maine, Maryland, Massachusetts, New Jersey, New York, Pennsylvania, Puerto Rico, Rhode Island, U.S. Virgin Islands, Vermont, Virginia, and West Virginia. Complete [this form](#) to attend an information session.

### **Somersworth is First Recovery-Friendly NH School District**

The Recovery-Friendly Workplace designation aligns with Somersworth's values of destigmatizing recovery, and supporting their community and everyone in it. It does not require any policy changes. [Learn more >>>](#)



## YOUR RESOURCE CONNECTION

### **Cannabis Policy Impacts Public Health & Health Equity**

Although U.S. States have legalized cannabis for adult and/or medical use, it still remains illegal at the federal level. The Centers for Disease Control and Prevention and the National Institutes of Health are reviewing regulatory frameworks for the industry with a focus on equity, and the strengths and weaknesses of the surveillance systems for cannabis. [Read more >>>](#)

### **Preventing Substance Use Among Young Adults with Disabilities**

This [advisory](#) highlights the need for primary substance use prevention programs for young adults ages 18 to 25 with disabilities. This guides prevention specialists on designing and tailoring these programs, and describes factors that may affect the delivery of prevention.

### **Building Healthy Futures: Addressing Mental Health & SUD During Pregnancy and Postpartum**

This [report](#) reviews access to care challenges for those with mental health and substance use disorders and provides recommendations for evidence-based, person-centered perinatal services.

### **Ozempic Linked to Lower Opioid Overdose and Alcohol Use Disorder Rates**

In [a recent study](#), those who have opioid or alcohol use disorder who take Ozempic or similar medications for other chronic medical conditions are showing a 40% lower rate of opioid overdose and 50% lower rate of alcohol intoxication compared to those who do not use these medications.

### **How Teens Think Adults Should Talk to Them About Drugs**

Being honest and offering strategies for harm reduction vs scare tactics works best. [Learn more >>>](#)

### **Bullying & Cyberbullying Toolkit**

Prevent school bullying and promote kindness, acceptance, inclusion and reintegration by exploring [the toolkit](#) to learn more about bullying and cyberbullying prevention offered by the Office of Social & Emotional Wellness.

### **Monitoring Tobacco Product Use in the U.S.**

This [resource](#) allows you to track nicotine and tobacco product use in the U.S. through interactive

charts and other visualization tools.

## Exploring the Social Determinants of Health, Health Equity, and the Law

Presented by ChangeLab Solutions and the CDC's Public Health Law Program, this [two-part video training series](#) offers insights into how laws create structural racism, which in turn creates and uphold health inequities. Part one of this video series discusses the tie between America's legal history and structural racism. Part two of this video series explains what health departments can do to close gaps in health outcomes.



MARK YOUR  
CALENDAR



### Behavioral Health ECHO Program for School Professionals

The [Empowering Educators: Strategies for Staff Well-Being ECHO](#) will offer practical strategies for professionals working in k-12 schools. Participants are invited to join just one or all eight sessions.



### Introduction to Zero Suicide in Vermont: Suicide Safe Pathways to Care

This [webinar](#) covers what is involved in the implementation of evidence-based practices and principles for preventing suicide within the health and mental health systems of individuals under care along with where resources to support this work exist.



### Project SUCCESS (Schools Using Coordinated Community Efforts to Strengthen Students)

This [three-day training](#) provides strategies for reducing substance use among secondary school adolescents.



### Updates on New Substances of Misuse

This [training](#) will cover the most commonly reported drugs being misused and those new chemicals that may appear in the coming months and years.



### Prevention Core Competencies Training

This [15-hour training](#) is an Introduction to the [Prevention Core Competencies](#) for Prevention Professionals, which covers the foundations of substance use prevention science for early and mid-career prevention professionals.



### SAVE-THE-DATE: NH Behavioral Health Summit

This is a [statewide event](#) for behavioral healthcare providers and organizations, including mental health and substance use disorders.

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