

# Foundations Counseling





# History

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- Program started as “Project First Step” in 1999 offering consultation services to DCYF staff (help understanding SUD’s)
- Expanded services in 2006 to include direct services to clients involved with DCYF/JJ (Goal was to reduce barriers to treatment )
- Foundations Counseling has been overseeing the program since 2020
- Started with (2) positions and has grown to (15) Consultants statewide



# Mission

To reduce barriers to treatment for families involved with DCYF by providing clinical and consultation services to help families stay together whenever safely possible and if separated, to help them in their efforts to reunify.



## **DATA 2020-2024**

Families that engaged in short or long term treatment with us:

Assessment Cases: 77% families stayed together

Court Cases: 56% reunified or stayed together

# Scope of Services

## CONSULTATION

Provide clinical guidance & feedback on cases directly to DCYF

Offer trainings for DCYF staff

## DIRECT CARE

Offer counseling services in home, community, DCYF offices & via telehealth

Confidentiality applies as soon as we make initial contact with the client

## DRUG TESTING

Support DCYF staff with using drug testing as a tool for change



2024  
Expansion of  
adolescent  
services

# FLEXIBILITY

- All referrals come from DCYF, including JJ
- We don't bill insurance (The state pays us to help people & that's what we do!)
- Services are available even after DCYF closes cases
- Services can include clinical case management as well as therapy

If it makes clinical sense,  
we are going to do it!