

Issue 43  
September 2024

# CENTER FOR EXCELLENCE ON ADDICTION

## ADDICTION ROUND UP

The Addiction Round Up is a monthly newsletter providing current information and research related to alcohol and other drugs.



WE CAN HELP

### Center for Excellence on Addiction

The Center for Excellence on Addiction is available to assist with a variety of needs related to alcohol and other drugs. If you or your organization are interested in receiving expert consultation, technical assistance, and/or training, please complete this [request form](#).

### Updates from The Partnership

Is public messaging one of your substance use prevention strategies? The Partnership provides NH-specific substance use prevention messaging and resources to public and private organizations and individuals. Connect with us to collaborate on communications content to develop, refresh, enrich, or elevate key messages for your community. See the 2024 [Convening Schedule](#) for future meetings. Agendas are released closer to the convening date. Join our [mailing list](#), and check out our latest resources, which include the [Partnership Prevention Blog](#) and [Power of Prevention Podcasts](#).



ADDICTION  
UPDATES

### Join the Treating Addiction in Rural Areas ECHO!

If you are delivering substance use treatment, co-occurring treatment, and/or recovery services in Vermont, please consider joining a learning community of over 20 organizations from New Hampshire, Maine and Vermont. This [ECHO](#) program aims to strengthen the behavioral health care workforce, improve health equity for individuals in rural areas, and provide patient-driven holistic care with a focus on increasing patient knowledge and application of the American Society of Addiction Medicine Criteria. Please email [Rekha Sreedhara](#) or [Adelaide Murray](#) for more information.

### **Interested in Becoming A Student Assistance Program Coordinator?**

Student Assistance Program Coordinators (SAP-Cs) are embedded in elementary, middle, and high schools to offer students behavioral health screenings, support services, small group education, and, when appropriate, referral to treatment. You can learn more about this career opportunity on our [Student Assistance Network](#) web page. If you have any questions, please contact the NH Student Assistance Network at [nhsapnetwork@jsi.com](mailto:nhsapnetwork@jsi.com).

### **September is Recovery Month**

This [toolkit](#) offers a variety of resources that will help to raise awareness about supporting people with mental health and substance use conditions who are in recovery.

### **SAMHSA's 21st Prevention Day - Call for Abstracts**

The deadline for abstract submissions for the Substance Abuse and Mental Health Services Administrations' (SAMHSA) Prevention Day 2025 is September 4th. This is your opportunity to share your story on a substance use prevention strategy, policy, program, practice or research. [Read more >>>](#)

### **NSDUH 2023 Data Available**

The 2023 National Survey on Drug Use and Health (NSDUH) [results](#) have been released by the Substance Abuse and Mental Health Services Administration (SAMHSA). Two infographics are provided that highlight race and ethnicity data as well as overall findings.



### **Integration of Addiction Treatment into Health Care System a Must**

Helping with addiction requires [science-backed medical interventions](#) along with personalized support. An integrated approach must become the standard for people with substance use disorders.

### **Substance Misuse Drives Majority of Pregnancy-Related Deaths in N.H.**

[Data](#) from 2022 indicates that five out of eight pregnancy-related deaths were from substance use disorders and mental health issues often being the underlying cause.

### **Follow the Evidence to Treat Opioid Addiction**

Evidence demonstrates that if addiction is treated effectively, that treatment will reduce the risk of overdose, and assist people in recovery to live productive lives along with saving money. However, many do not receive the treatment. [Read more >>>](#)

### **Daily Marijuana Use Linked to Cancer**

A study utilizing insurance data found that those who are diagnosed with cannabis use disorder and ingest the substance by smoking it, are more likely to develop cancer in the head & neck. [Learn more >>>](#)

### **Enhancing a Strategy to Reduce Opioid Overdose Deaths**

A [recent study](#) shows that the harm reduction policy within good Samaritan Laws is not having the impact it was intended due to potential bystanders lacking knowledge of the laws, having a fear of criminal liability and distrusting of law enforcement.

### **Safe Start: Celebrating Back to School Overdose Awareness Week**

To highlight behavioral health awareness, access and support for all individuals in all schools and communities across the United States, SAMHSA's [Evidenced-Based Practices Resource Center](#) offers a variety of knowledge and tools needed to promote wellness and prevent overdose.



## MARK YOUR CALENDAR



### Addiction World Conference 2024

This [three-day event](#) will highlight the latest breakthroughs and innovations, with the primary objective of delving into the forefront of addiction mechanisms, policy, and practice to address the shortcomings and challenges within the industry.



### Walk For Recovery

Celebrate Recovery Month and raise awareness that recovery is possible by joining the other participants walking from the Freedom Plaza and ending at the Washington Monument in Washington, D.C. Register [here](#).



### NH Treatment Court Conference

This [in-person event](#) will bring together treatment court coordinators, case managers, community support organizations, probation and parole staff, judges, attorneys, behavioral health providers, social workers, and law enforcement for two days of education on how to better support persons throughout NH involved with treatment courts.



### NHADACA Annual Meeting & Presentation by NH Opioid Fatality Commission

The NH Alcohol & Drug Abuse Counselors Association (NHADACA) will have their annual membership and business [meeting](#) followed by the NH Opioid Fatality Commission's presentation. All are welcome to attend.



### SAVE-THE-DATE: Understanding Substance Use through the Lens of Adverse Childhood Experiences (ACES) & Trauma

This [six-hour training](#) covers the basics of trauma definition and symptomology. A special focus will be on the impact of multiple ACES and treatment options.

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