

NH Perinatal Substance Exposure Collaborative Meeting Notes

1/17/2024 | 2:30-4:30

<p>Update on NH's State Plan Amendment</p>	<ul style="list-style-type: none">● Perinatal Substance Exposure Collaborative Updates<ul style="list-style-type: none">○ Changes in the Medicaid Budget<ul style="list-style-type: none">■ Medicaid now offers doula services, lactation services and breastmilk○ Effective date was October 1st, 2023– this is the day these services can be billed for○ 12 month of continuous coverage for all services<ul style="list-style-type: none">■ Continuous coverage means that birthing people will remain eligible regardless of changes in income● Reporting on Continuous Coverage<ul style="list-style-type: none">○ Commissioner to submit reports to Dept. of Health and Human Services<ul style="list-style-type: none">■ Medicaid/CHIP has also expanded continuous coverage for lawfully residing Pregnant Women and Children● Doula Service Updates<ul style="list-style-type: none">○ You can get a waiver to support doula services under Medicaid○ Reporting is due to start January of next year○ What constitutes Doula Services?<ul style="list-style-type: none">■ Lots of questions about who the doula can work for, what their qualifications are, and what doula means in the prenatal education realm. No specifics yet● Lactation Services<ul style="list-style-type: none">○ New state plan approval document includes breastfeeding education, assessment related to breastfeeding○ Lactation service providers might vary○ Legislation also allows for donor breast milk services<ul style="list-style-type: none">■ Donor breast milk has been categorized as durable medical equipment○ Donor breast milk eligibility is varied and unclear in
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	certain circumstances
<p>Perinatal Data Presentation</p> <p>NH Substance Exposure Date Updates</p>	<ul style="list-style-type: none"> ● There are hospitals that have a high volume of infants monitored for substance use, others have extremely low volume <ul style="list-style-type: none"> ○ About 6.4% of births were monitored in 2023, in both 2022 and 2023 there were about 12,000 births ○ Cannabis +, Nicotine, Opioids are most frequently used drugs ○ Fewer POSC were created in 2023 than 2022 ● There are different exposure measures– differences in who is affected by substance use based on birth certificate descriptions ● Rural counties have a higher proportion of monitored infants ● Much higher prevalence of tobacco use for Medicaid patients <ul style="list-style-type: none"> ○ Potentially because of SDOH ● Infants monitored for substance exposure were more likely to have a mother with less than 10 visits ● Infants affected by substance exposure were more likely to have mothers with intermediate and inadequate prenatal care (2020-2022) <ul style="list-style-type: none"> ○ Possibly because of stigma ○ Possibly because of lack of access to transportation ● Substance exposed mothers with less than 10 prenatal care visits are far more likely to have low birth weight, Medicaid deliveries, live in rural areas, high school graduate or less, be young <29, receive WiC food, first time mothers, unemployed ● Hearing on 1/18 HB1689 and SB484 <ul style="list-style-type: none"> ○ SB 484 – seeks to amend the Live Birth Worksheet in two to separate records and will have a hearing next week on 1/24. ○ In order to act on a bill they have to go through public session and then move it to private ○ as many people as possible should submit their comments, you probably can check yourself in online without having to provide testimony or speak

<p>Family Care Planner Update</p>	<ul style="list-style-type: none"> ● Pilot tests 20 binders at Dartmouth and 5 at Concord ● Some concern over whether or not patients will actually bring the binder in to appointments ● Concern over patients leaving binders somewhere else and it being a privacy concern ● Gotten some feedback that web based app would be helpful and could resolve some of the privacy concerns however identifying funds to support this work has been challenging. ● Visit https://nhcenterforexcellence.org/posc/ for more information about NH's Family Care Plan and the pilot project.
<p>Participant Updates</p> <ul style="list-style-type: none"> ● Spring Webinar Series 	<ul style="list-style-type: none"> ● Innovative Approaches to Care Coordination Webinar, Tuesday, January 30th 10:30 am-12:00 pm https://lp.constantcontactpages.com/ev/reg/3x5rpxj/lp/1017bcd4-a3c4-4a77-85a8-02bdc843113a ● June 3 NH Breastfeeding Task Force conference ● NH Chapter is bringing National Team to NH for a training in Sept. (care and education for families with all kinds of mental health diagnoses) <ul style="list-style-type: none"> ○ 3 day training with a certificate