



# The **NEW HAMPSHIRE** Governor's Commission on Alcohol and other Drugs

State Fiscal Year 2020 Annual Report



## Mission

The Commission has a legislated mission to significantly reduce alcohol and drug problems and their behavioral, health and social consequences for the citizens of New Hampshire by advising the Governor and Legislature regarding the delivery of effective and coordinated alcohol and drug misuse prevention, treatment and recovery services throughout the state.

## DEDICATION

To the Citizens of NH, especially the volunteers, first responders, service providers, state and local employees, and elected officials who responded rapidly to the COVID-19 pandemic, ensuring continued, safe access to services for addictive disorders.

# Introduction

The New Hampshire Governor's Commission on Alcohol and Drug Abuse Prevention, Treatment and Recovery, popularly known as the Governor's Commission on Alcohol and other Drugs, presents this annual report<sup>1</sup> as required in RSA Chapter 12-J:4, to update progress achieved in the state fiscal year 2020, July 2019 – June 2020 (SFY2020).

SFY2020 was impacted dramatically by the COVID-19 pandemic. New Hampshire shut down in mid-March 2020 as Governor Sununu issued an unprecedented statewide Stay At Home order. Providers of alcohol and other drug services took extraordinary measures to ensure safe access for those seeking care, with residential treatment provider's remaining open with safety restrictions, outpatient providers quickly expanding the availability of phone and web-based care, and recovery support providers supporting virtual meetings and meetings outdoors. Schools closed and moved to virtual formats requiring school-based services and prevention programs to also become virtual with virtual classes, groups, and individual meetings.

The Governor's Commission on Alcohol and other Drugs (the Commission) also responded rapidly, moving to virtual meetings and modifying agendas and priorities as necessary to adjust to the rapidly changing pandemic working and living environment. In SFY 2020:

- ✓ The Commission held 5 meetings, Commission Members, the schedule and minutes of Commission meetings are available at <https://www.dhhs.nh.gov/dcbcs/bdas/commission.htm>
- ✓ The 8 Commission Task Forces held a total of 51 meetings, engaging more than 100 members and other stakeholders from across New Hampshire. Each of the 8 Task Forces have a page with meeting schedules, minutes and resources available at <https://nhcenterforexcellence.org/governors-commission/>.
- ✓ The [Healthcare Task Force](#)<sup>2</sup> created a [Summary of Findings & Recommendations](#)<sup>3</sup> for legislators and other policy makers to consider in development of technology-based services for the care of Substance Use Disorders. In addition the Task Force partnered with the NH Center for Excellence/JSI to provide key information during the national public health emergency in response to COVID-19 pandemic to create and disseminate the [COVID-19 & SUD Federal/State Guidance](#)<sup>4</sup> document.
- ✓ Beginning on January 1, 2020, [per NH statute](#)<sup>5</sup>, all NH pharmacies are required to include the [Opioid Information Card](#)<sup>6</sup>, developed by the [Opioid Task Force](#)<sup>7</sup>, with all opioid prescriptions along with an orange sticker on the prescription bottle cap stating "opioid" and a warning label on the bottle stating "Risk of addiction and overdose". The Perinatal Substance Exposure Task Force<sup>8</sup> continued to support [Plans of Safe Care](#)<sup>9</sup> implementation providing training and resources.

<sup>1</sup> Documents and websites referenced in this document are hyperlinked for easy access. Web addresses are included in footnotes for access in printed copies.

<sup>2</sup> [www.nhcenterforexcellence.org/governors-commission/integrated-healthcare-workgroup/](http://www.nhcenterforexcellence.org/governors-commission/integrated-healthcare-workgroup/)

<sup>3</sup> <http://1viuw<sup>040</sup>k<sup>2</sup>mx<sup>3</sup>a<sup>7</sup>mwz<sup>1</sup>lwva<sup>5</sup>-wpengine.netdna-ssl.com/wp-content/uploads/2020/06/HCTF-TechBasedCareSUDRecommendations.pdf>

<sup>4</sup> [www.nhcenterforexcellence.org/covid-19-substance-use-disorder-information/](http://www.nhcenterforexcellence.org/covid-19-substance-use-disorder-information/)

<sup>5</sup> [legiscan.com/NH/bill/HB/359/2019](https://legiscan.com/NH/bill/HB/359/2019)

<sup>6</sup> [1viuw<sup>040</sup>k<sup>2</sup>mx<sup>3</sup>a<sup>7</sup>mwz<sup>1</sup>lwva<sup>5</sup>-wpengine.netdna-ssl.com/wp-content/uploads/2019/09/FINAL\\_Opioid\\_Info\\_Card\\_8\\_29\\_2019.pdf](http://1viuw<sup>040</sup>k<sup>2</sup>mx<sup>3</sup>a<sup>7</sup>mwz<sup>1</sup>lwva<sup>5</sup>-wpengine.netdna-ssl.com/wp-content/uploads/2019/09/FINAL_Opioid_Info_Card_8_29_2019.pdf)

<sup>7</sup> [nhcenterforexcellence.org/governors-commission/opioid-task-force/](http://nhcenterforexcellence.org/governors-commission/opioid-task-force/)

<sup>8</sup> [nhcenterforexcellence.org/governors-commission/perinatal-substance-exposure-task-force/](http://nhcenterforexcellence.org/governors-commission/perinatal-substance-exposure-task-force/)

<sup>9</sup> [nhcenterforexcellence.org/governors-commission/perinatal-substance-exposure-task-force/plans-of-safe-care-posc/](http://nhcenterforexcellence.org/governors-commission/perinatal-substance-exposure-task-force/plans-of-safe-care-posc/)

- ✓ The [Treatment Task Force](#)<sup>10</sup> continued its review of Involuntary Civil Commitment including a virtual Listening Session with over 50 stakeholders from throughout NH.
- ✓ The Commission released its first cost effectiveness report on January 1, 2020, the [Cost Effectiveness of Substance Use Disorder Treatment in NH](#)<sup>11</sup>.

This Annual Report provides the link to access the [Governor's Commission on Alcohol and other Drugs Data Dashboard](#)<sup>12</sup>, updates on the progress made in state fiscal year 2020 on the strategies outlined in [Expanding Our Response](#)<sup>13</sup>, and shares the June 2020 Commission Financial Report.

---

<sup>10</sup> [nhcenterforexcellence.org/governors-commission/treatment-task-force/](http://nhcenterforexcellence.org/governors-commission/treatment-task-force/)

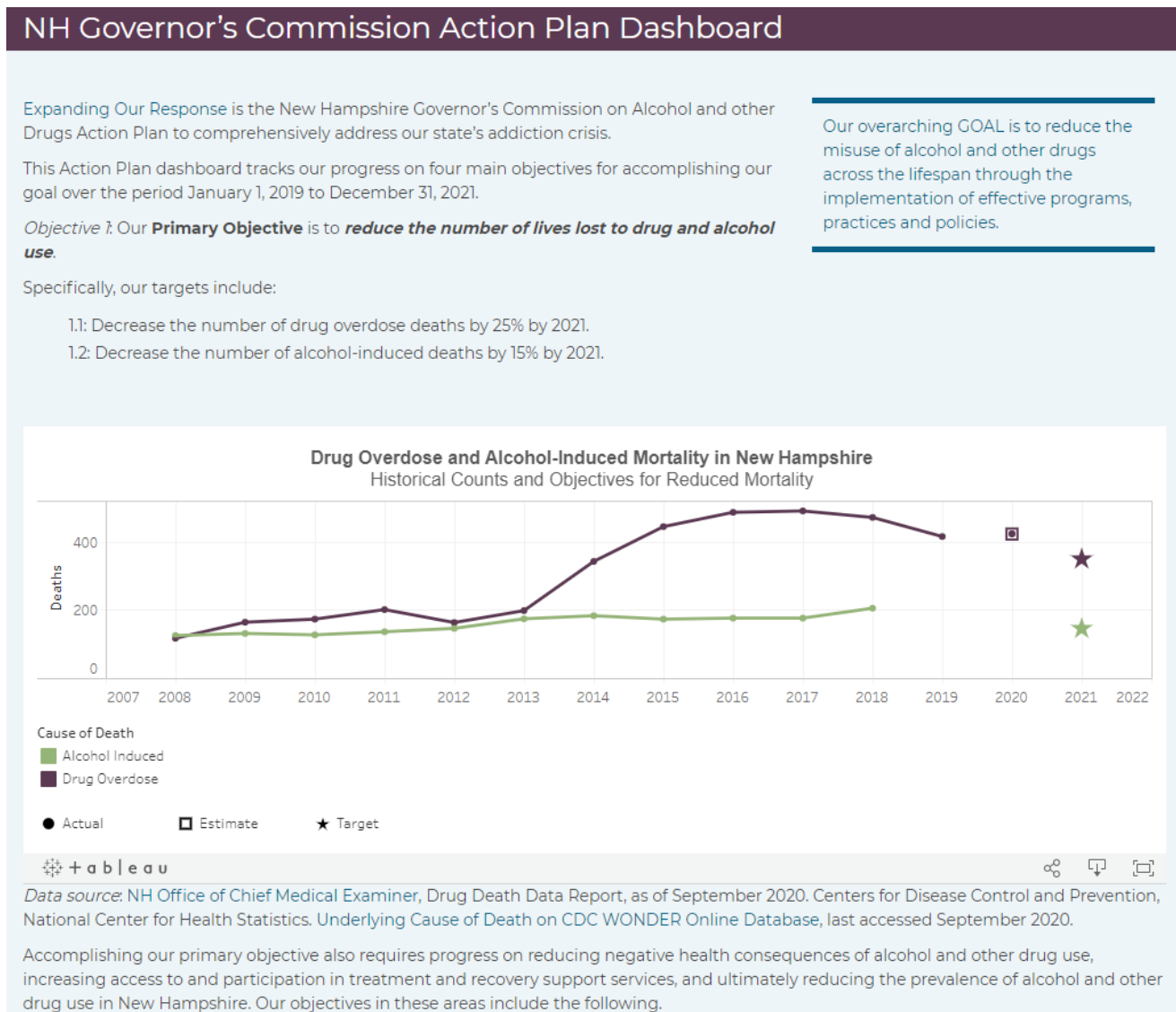
<sup>11</sup> [viuw<sup>040</sup>k<sup>2</sup>mx<sup>3</sup>a<sup>7</sup>mwz<sup>1</sup>lwva<sup>5</sup>-wpengine.netdna-ssl.com/wp-content/uploads/2020/01/Cost-Effectiveness-Treatment\\_January-1-2020-1.pdf](http://viuw<sup>040</sup>k<sup>2</sup>mx<sup>3</sup>a<sup>7</sup>mwz<sup>1</sup>lwva<sup>5</sup>-wpengine.netdna-ssl.com/wp-content/uploads/2020/01/Cost-Effectiveness-Treatment_January-1-2020-1.pdf)

<sup>12</sup> [nhcenterforexcellence.org/resources/data/nh-gov-commission-action-plan-dashboard/](http://nhcenterforexcellence.org/resources/data/nh-gov-commission-action-plan-dashboard/)

<sup>13</sup> [http://viuw<sup>040</sup>k<sup>2</sup>mx<sup>3</sup>a<sup>7</sup>mwz<sup>1</sup>lwva<sup>5</sup>-wpengine.netdna-ssl.com/wp-content/uploads/2019/02/FINAL-Gov-Comm-1\\_16\\_19rev.pdf](http://viuw<sup>040</sup>k<sup>2</sup>mx<sup>3</sup>a<sup>7</sup>mwz<sup>1</sup>lwva<sup>5</sup>-wpengine.netdna-ssl.com/wp-content/uploads/2019/02/FINAL-Gov-Comm-1_16_19rev.pdf)

# Data Dashboard

The Commission maintained the online [Governor's Commission on Alcohol and other Drugs Data Dashboard](#)<sup>14</sup> which tracks the measures of progress included in [Expanding Our Response](#)<sup>15</sup>. This Dashboard is updated as data becomes available and has replaced the Data Dashboard section of Governor's Commission Reporting. Please review the Dashboard online and contact the [NH Center for Excellence/CHI](#)<sup>16</sup> with any questions or comments. An example of the dashboard, below, indicates that drug overdose rates continued to decrease in calendar year 2019 and that the objective of decreasing by 25% was within reach prior to the COVID-19 pandemic.



<sup>14</sup> [www.nhcenterforexcellence.org/resources/data/nh-gov-commission-action-plan-dashboard/](http://www.nhcenterforexcellence.org/resources/data/nh-gov-commission-action-plan-dashboard/)

<sup>15</sup> [http://1viuw<sup>040</sup>k<sup>2</sup>mx<sup>3</sup>a<sup>7</sup>mwz<sup>1</sup>lwva<sup>5</sup>-wpengine.netdna-ssl.com/wp-content/uploads/<sup>2019</sup>/<sup>02</sup>/FINAL-Gov-Comm-1\\_<sup>16</sup>\\_19rev.pdf](http://1viuw<sup>040</sup>k<sup>2</sup>mx<sup>3</sup>a<sup>7</sup>mwz<sup>1</sup>lwva<sup>5</sup>-wpengine.netdna-ssl.com/wp-content/uploads/<sup>2019</sup>/<sup>02</sup>/FINAL-Gov-Comm-1_<sup>16</sup>_19rev.pdf)

<sup>16</sup> Go to [nhcenterforexcellence.org](http://nhcenterforexcellence.org) or email [nhcenterforexcellence@jsi.com](mailto:nhcenterforexcellence@jsi.com).

## Strategies Update

The following pages include each strategy outlined in [Expanding Our Response](#)<sup>17</sup>. The status is updated to include Complete, Action, Preparation, or No Action during the 2020 state fiscal year. There has been significant progress on almost every strategy. An example of the progress made by a task force or Commission member Department is included, it is not meant to be all inclusive of the statewide progress in that strategy.



Opioid Task Force



Healthcare Task Force



Perinatal Task Force



Recovery Task Force



Joint Military Task Force



Data and Evaluation Task Force



Treatment Task Force



Prevention Services



Administrative Office of the Courts



NH Department of Health and Human Services



NH Department of Corrections



NH Department of Safety







Liquor Commission










National Guard


Suicide Prevention Council


<sup>17</sup> Expanding Our Response pages 6-11, [http://1viuw040k2mx3a7mwz1lwva5-wpengine.netdna-ssl.com/wp-content/uploads/2019/02/FI-NAL-Gov-Comm-1\\_16\\_19rev.pdf](http://1viuw040k2mx3a7mwz1lwva5-wpengine.netdna-ssl.com/wp-content/uploads/2019/02/FI-NAL-Gov-Comm-1_16_19rev.pdf)



1. Law Enforcement	Status	Example of Progress
Continue to coordinate and support enforcement actions	Action	<div data-bbox="727 155 841 268">  </div> <p data-bbox="873 155 1507 541">The NH State Police Narcotics Investigations Unit and the Mobile Enforcement Team worked with local and federal agencies throughout the state to address drug offenses. Numerous arrests, drugs/weapons seizures, and illegal funds were intercepted. The State Police Forensic Lab provided analyses of drugs seized on the streets as well as toxicological analysis of body fluids for the presence of drugs, and on scene assistance with clandestine labs.</p> <div data-bbox="716 562 852 676">  </div> <p data-bbox="873 571 1523 676">Through funding received via the Commission, alcohol compliance checks increased throughout the state.</p>
Support and expand law enforcement drug expertise	Action	<div data-bbox="727 697 841 810">  </div> <p data-bbox="873 697 1507 886">Members of the Narcotics Investigations Unit work closely with local law enforcement agencies and the NH Police Academy to ensure that proper training was received by officers who investigated drug crimes.</p> <div data-bbox="716 907 852 1020">  </div> <p data-bbox="873 915 1523 1062">The division continued to support local agencies by providing drug recognition training and advanced roadside impairment detection and enforcement training.</p> <div data-bbox="716 1083 852 1222">  </div> <p data-bbox="873 1092 1507 1239">The Judicial Branch, through the Drug Offender Program, provided free training for law enforcement; including best practices and drug identification.</p>
Continue to pursue the prosecution of drug related cases	Action	<div data-bbox="727 1260 841 1373">  </div> <p data-bbox="873 1260 1507 1444">The State Police Narcotics Investigations Unit assigned Troopers to the FBI and DEA and collaboratively investigated numerous large-scale, regional, national, and international drug cases.</p> <div data-bbox="727 1457 841 1570">  </div> <p data-bbox="873 1474 1490 1585">Provided criminal analyst support to various law enforcement agencies in order to support prosecution of drug cases.</p>






Continue to expand local law enforcement of drug laws	Action	 <p>The State Police Narcotics Investigations Unit partnered with numerous local agencies statewide to collaboratively interrupt and discontinue illegal drug operations. In 2019, these collaborative efforts resulted in nearly 100 arrests throughout the state with large quantities of Fentanyl, Methamphetamines, and other illegal drugs seized.</p>  <p>The division continued to support local agencies by providing drug recognition training and advanced roadside impairment detection and enforcement training.</p>
---	--------	--


2. Prevention	Progress	Example of Progress
Identify and invest in new programs, policies and practices	Action	 <p>Commission funding was invested in multiple prevention activities.</p>  <p>Prepared for implementation of the Purple Star initiative in partnership with the Dept. of Education. The program will provide professional training as well as direct support for schools to recognize and celebrate military youth in 25 pilot schools.</p>
Expand existing prevention programs	Action	 <p>Expanded Grandparent/Relative Caregiver Navigation Program.</p>  <p>Supported local community coalitions across the state, supporting the development of local strategic plans to implement prevention activities.</p>
Develop systems to improve prescription drug storage and disposal	Action	 <p>Beginning on January 1, 2020, per NH statute, all NH pharmacies are required to include the Opioid Information Card, developed by the Opioid Task Force, with all opioid prescriptions along with an orange sticker on the prescription bottle cap stating “opioid” and a warning label on the bottle stating “Risk of addiction and overdose”.</p>  <p>The NH National Guard Counterdrug Program physically collected, transported, and incinerated 12,266 pounds of unused prescription drugs. We worked in partnership with the Drug Enforcement Administration and 129 local law enforcement agencies.</p>

Create a Multi-Tiered System of Support in schools	Action	 <p>Investment recommendation for the expansion of Multi-Tiered Systems of Support for Behavioral Health and Wellness including Student Assistance Programs in NH school districts was funded by the Commission.</p>
--	--------	---








3. SUD Delivery System and Early Identification	Status	Example of Progress
Create the Doorway System	Complete	 <p>Continued to support the system of nine regional Doorways which are access points for individuals to be screened for needs, then assessed and provided with referrals to treatment and recovery services and supports for OUD, as well as assistance in accessing needed services in the areas of health insurance, housing, and employment.</p>
Implement centralized website	Complete	 <p>The centralized website for information is The Doorway, <a href="https://www.thedoorway.nh.gov/">https://www.thedoorway.nh.gov/</a> where individuals can access resources and information about NH prevention, treatment and recovery services and supports.</p>
Create mobile crisis response teams		 <p>The NH State Police have members trained in Crisis Response.</p>  <p>Request for Proposals for the creation of mobile crisis response teams were posted.</p>
Expand behavioral health telehealth services	Action	 <p>Telehealth services for the treatment of SUD rapidly became widely available in response to the COVID-19 pandemic and the statewide stay at home order in the Spring of 2020. Even as COVID restrictions are dialed back, many providers continue to utilize telehealth and recent changes to state law remove many of the previously existing barriers to providing telehealth.</p>  <p>Prior to covid-19 a few drug courts were using telehealth. Once covid-19 shut down in person court hearings all of the drug courts implemented telehealth; including individual counseling, IOP, case management, recovery support services, and remote court hearings.</p>  <p>Implementing telehealth infrastructure within Correctional Facilities.</p>

Implement SBIRT in multiple settings	Action	 	<p>Provided SBIRT in local/regional home health agencies.</p> <p>Screening completed at intake and there is a brief intervention and referral system within Corrections.</p>
--------------------------------------	--------	---	--

4. Harm Reduction	Status	Example of Progress	
Develop and implement syringe service programs	Preparation		Reviewed syringe service programs and recommendation for investment was accepted by the Commission.
Expand availability of free naloxone	Action	 	<a href="#">The Doorways</a> <sup>18</sup> continued to be the focal point for efforts to widely distribute Naloxone at no charge to individuals and community organizations. Free naloxone distribution expanded through the Doorways, RPHNs, and BDAS.
Distribute naloxone to those at greatest risk	Action	 	<p><a href="#">The Doorways</a> continued to be the focal point for efforts to widely distribute Naloxone at no charge to individuals and community organizations. Every person who presents for care at a Doorway is offered a free naloxone kit.</p> <p>Facilities provided Narcan as a voluntary option for those leaving with OUD at time of release, and provided naloxone to probationers or parolees at risk for free in the community through probation and parole officers.</p>







5. Treatment	Status	Example of Progress	
Support integration of behavioral health and healthcare	Action		<p>All individuals who contacted 211 and <a href="#">the Doorways</a> were screened for all needs, including mental health, and provided information about available resources and services.</p> <p>12 hospitals provided MAT through 23 networked physician practices. Several initiated buprenorphine in the ED. MCOs were required by their contract to promote integrated care and SUD treatment contracts required communication with other providers in the network.</p>



<sup>18</sup>[thedoortway.nh.gov/](http://thedoortway.nh.gov/)

Support availability and effective use of MAT	Action	 <p>Contracted to develop capacity of hospital-based systems to increase availability of MAT through primary care practices and to improve delivery of services and referral to additional SUD treatment by ED staff.</p> <p>SOR also supports training and monitoring of prescribers to provide MAT.</p>
Expand access to MAT in multiple settings with specialty populations	Action	  <p>Supported delivery of MAT through community providers, to pregnant and parenting women, and individuals preparing to re-enter the community from State correctional facilities.</p> <p>Medication Assisted Treatment Initiatives and Narcan Distribution combined with Re-Entry Care Coordinators.</p>
Utilize technology and innovative practices to provide treatment in limited resource areas	Action	 <p>Created a <b><u>Summary of Findings &amp; Recommendations</u></b><sup>19</sup> for legislators and other policy makers to consider in development of technology-based services for the care of Substance Use Disorders. In addition the Task Force partnered with the NH Center for Excellence/JSI to provide key information during the national public health emergency in response to COVID-19 pandemic to create and disseminate the <b><u>COVID-19 &amp; SUD Federal/State Guidance</u></b><sup>20</sup> document.</p>  <p>Most providers utilized telehealth in response to COVID restrictions however, the remaining barrier is access to technology and/or internet primarily in the North Country.</p>
Develop a mechanism for obtaining real-time treatment vacancy data	Preparation	 <p>Planning to develop a bi-directional reporting system to obtain real-time treatment vacancy data.</p>
Expand access to extended-release naltrexone for citizens returning to the community from incarceration	Action	 <p>The Drug Court worked to identify individuals who could benefit from these medications and set up intakes prior to release.</p>

<sup>19</sup> <http://viuw040k2mx3a7mwz1lwva5-wpengine.netdna-ssl.com/wp-content/uploads/2020/06/HCTF-TechBasedCareSUDRecommendations.pdf>

<sup>20</sup> [nhcenterforexcellence.org/covid-19-substance-use-disorder-information/](http://nhcenterforexcellence.org/covid-19-substance-use-disorder-information/)

Increase specialized treatment services for specific populations	Action	 	<p>Supported supplemental room and board payments for contracted SUD residential treatment providers.</p> <p>The Drug Courts increased specialized treatment through various treatment modalities.</p>
Expand services and increase care coordination for citizens returning to the community from incarceration	Action		<p>Partnered with the Department of Corrections to fund care coordinators at the women's and men's State correctional facilities to assist individuals preparing to re-enter the community.</p>
Expand services and increase care coordination for pregnant and newly parenting women	Action	 	<p>Supported contractors who worked with multiple community sites for the provision of care coordination along with the delivery of MAT, treating newborns with Neonatal Abstinence Syndrome, and providing education to improve parenting skills.</p> <p>Continued to support the implementation of <a href="#">Plans of Safe Care</a><sup>21</sup> (POSC) in New Hampshire through including the creation of patient materials in English and Spanish, a POSC 101 webinar, a Spanish version of the POSC template, and assisting in the crafting of a letter to providers as well as updating the POSC flow chart to include notification to the Managed Care Organizations (MCOs).</p>
Increase the availability and utilization of juvenile diversion programs and adult drug court	Action		<p>Contracted with 10 of the 11 superior courts to run and operate a drug court.</p>

6. Recovery Support Services	Status	Example of Progress	
Integrate recovery-oriented principles into policies and practices across public and private sectors*	Action	 	<p>The Doorway<sup>22</sup> supported identifying, informing, and referring individuals to needed services and supports across the continuum of care from treatment through recovery.</p> <p>Provided training for residents incarcerated to become recovery coaches.</p>



<sup>21</sup> [nhcenterforexcellence.org/governors-commission/perinatal-substance-exposure-task-force/plans-of-safe-care-posc/](https://nhcenterforexcellence.org/governors-commission/perinatal-substance-exposure-task-force/plans-of-safe-care-posc/)






<sup>22</sup> [thedorway.nh.gov/](https://thedorway.nh.gov/)





Enhance recovery housing availability and promote quality standards to increase opportunities for special populations*	Action	  	<p>NH state Recovery House Registry<sup>23</sup> increased housing list to 39 Recovery Houses and encouraged all houses to become NARR-certified. Contracted with NHCORR to provide training and certification services.</p> <p>Supported recovery housing contractors specifically serving females only and serving individuals who have complex criminal backgrounds that limit access to other publicly funded housing options.</p> <p>Awarded a contract to operate a community housing program for individuals being released from the NH State Prison and in Drug Courts.</p>
Increase access to transitional living	Preparation	 	<p>Supported supplemental room and board payment rates for one contracted SUD transitional living treatment provider and is planning to contract with additional providers.</p> <p>Recommended investment in increasing the availability of transitional living programs which was approved by the Commission.</p>
Increase access to non-clinical recovery support services	Action		<p>17 Recovery Centers active in 2020, engaging 141,258 individuals through activities, interactions, outreach, and services.</p>
Invest in vocational training and workforce readiness initiatives for individuals in recovery*	Action		<p>Recovery Community Organizations provided vocational training and workforce readiness services; Doorways worked to connect individuals with local resources. Supported contractors that worked with individuals in recovery to provide employment training and workforce readiness skills.</p>
Promote and support the Recovery Friendly Workplace initiative	Action		<p>Commission supported funding to continue the Recovery Friendly Workplace<sup>24</sup> Initiative.</p>





<sup>23</sup> [dhhs.nh.gov/dcbcs/bdas/recovery-house-registry.htm](https://dhhs.nh.gov/dcbcs/bdas/recovery-house-registry.htm)








<sup>24</sup> [recoveryfriendlyworkplace.com/](https://recoveryfriendlyworkplace.com/)




Increase peer recovery support service referrals*	Action	 <p>SUD Treatment contracts required exposure to and coordination with peer recovery services. Supported efforts by the Doorway and Recovery Community Organizations to make individuals aware of and make connections to peer recovery support services.</p> <p>The Drug Court programs worked directly with local recovery centers to link participants with peer recovery services.</p>
Increase engagement of healthcare providers and health systems in supporting patient recovery	Action	 <p>MCO contracts required MCOs to support and develop these relationships. The Doorways leverage their relationships with their parent hospitals, community providers, MCOs, and RPHNs to improve networking, increase understanding/reduce stigma around OUD/SUD, and increase engagement of these systems and providers towards supporting patient recovery.</p>





7. Family Supports and Services	Status	Example of Progress
Increase supports and services for families such as home visiting services	Action	 <p>Supported the delivery of supports and services through the Strength to Succeed program (prevention programming targeted to DCYF-involved families with SUD), and through peer recovery support and parenting education services to pregnant women and parents of children up to age 10. Planning to expand supports and services for families with home visiting programs.</p>  <p>Commission accepted the investment recommendation to fund a pilot to provide doula training for up to 10 recovery coaches in order to serve up to 75 families to be funded.</p>
Provide support for children who are impacted by substance use disorder	Action	 <p>Funded a Community-based Adverse Childhood Experiences crisis response team.</p>  <p>Provided support through our Family Connections Centers.</p>
Provide support for older adults who are parenting a second time around or are custodial parents	Action	 <p>Implemented and expanded Grandparent/Older Relative Caregiver Navigation Programs within Family Resource Centers. Provided Parenting A Second Time Around trainings.</p>

8. Reimbursement	Status	Example of Progress
Assess and address insurance barriers to allow for easier patient access into treatment	Action	 <p>SUD service contractors required to assist individuals obtain insurance coverage as well as assisting them with meeting all administrative/ documentation requirements in order to access services.</p>
Engage payers to support best practices*	Action	 <p>Convened a workgroup focused on insurance which resulted in establishing relationships with all three of the state's Managed Care Organizations (MCOs) who now have representation on the Task Force, clarifying/ addressing gaps and needs, and creating a guide, with input from the NH Medicaid Office, which summarizes the benefits each of the MCOs offer to pregnant/parenting members.</p>
Maintain and expand access to residential treatment services through room and board reimbursements	Action	 <p>Room and board reimbursement was included in SUD treatment and other contracts.</p>
Increase reimbursement rates across all payers*	Action	 <p>The legislature approved two increases to SUD Medicaid reimbursements - one that occurred January 2020 and another is set to occur in January 2021 (3.1%).</p>
Establish training regarding reimbursement across all payers	No Action	

9. Workforce Capacity and Professional Development	Status	Example of Progress
Provide training and technical assistance in support of the plan's strategies*	Action	  <p>BDAS contracted with training and technical assistance providers for this purpose.</p> <p>The Drug Court provided training and technical assistance to support the plans strategies.</p>
Provide no cost buprenorphine waiver trainings to physicians, nurse practitioners and physician assistants	Action	 <p>Contracted to provided buprenorphine waiver trainings at no cost to qualified prescribers.</p>
Increase training for the Drug Addiction Treatment Act of 2000 (DATA 2000) waived prescribers	Action	 <p>MAT ECHO sessions and MAT Community of Practice were available to waived prescribers and other stakeholders.</p>

Promote core competency training to engage qualified mental health clinicians including social workers*	Action		Contracted with a training provider for this purpose.
Include training on substance use and substance use disorders in undergraduate and graduate professional education programs	Action		UNH restructured the Nurse Practitioner graduate program to be inclusive of SUD concerns and MAT credentialing.
Actively work with employers to recruit and retain experienced addiction specialists in each of the major hospital systems	Action		75 behavioral health professionals and care coordinators were retained to support MAT practices in Primary Care.
Align training and support with standards for peer recovery support services (PRSS) and Recovery Community Organizations	Action		All state-supported Recovery Community Organizations have met or are in process of meeting national standards for Peer Recovery Support Services.
Increase provider awareness of non-clinical support services*	Action		<a href="https://www.nh.gov/RecoveryHub.org">NHRecoveryHub.org</a> provides information on all state-funded Peer Recovery Support Services and Family Support Services. Associated e-newsletter “ <a href="#">The Recovery Fix</a> ” and social media accounts provide up-to-date information related to Recovery Support Services and promotes Peer Recovery Support Services. Through the Doorways, 211, <a href="https://www.doorwaynh.gov">DoorwayNH.gov</a> , and Recovery community organizations, DHHS funded the development and distribution of information and resources to increase provider awareness of non-clinical support services.  Providing social media connection to <a href="#">state suicide prevention</a> and awareness agencies.
Provide training to all providers and service professionals related to trauma- informed best practices and harm reduction strategies	Action	 	Contracted for provider training.  The Drug Courts promote and train all professionals in trauma-informed practices in court and in treatment.


Address compassion fatigue among all providers*	Preparation	 	<p>Preparing RFP to contract for compassion fatigue strategies.</p> <p>Recommendation for investment initiative to address compassion fatigue was approved.</p>
Promote and advocate for military culture trainings across all sectors	No Action		
Increase provider awareness of the importance of medication assisted treatment*	Action		Regular training and outreach to providers.

10. Public Awareness	Status	Example of Progress	
Increase the awareness of the Doorways, treatment and recovery support resources*	Action		<a href="#">The NH Doorway Campaign</a> <sup>25</sup> ran on TV, radio, social media, newspapers, and printed materials were distributed throughout the state.
Develop population-specific awareness campaigns*	Action		<p>Developing Social Media connections and annual Suicide Prevention Conference.</p> <p>Supporting the <a href="#">Today Is For Me</a><sup>26</sup> campaign focused on alcohol and marijuana use during pregnancy. Creating a media brief on resources to support women and infants exposed to substances in response to the Office of the Child Advocate System Review of DCYF's Response to Substance Exposed Infants.</p>
Increase understanding of MAT as best practice in the support of recovery*	Action		The Drug Courts continued to train and support MAT as a best practice within it's programs and in support of recovery.
Target specific prevention messaging for children and young adults	Action		<a href="#">Binge-Free 603</a> <sup>27</sup> targets young adults with What's Your Reason - stories from NH young adults about sobriety, or drinking moderately.

<sup>25</sup> [thedorway.nh.gov/marketing-campaign](http://thedorway.nh.gov/marketing-campaign)

<sup>26</sup> [Todayisfor.me](http://Todayisfor.me)

<sup>27</sup> [bingefree603.org](http://bingefree603.org)

11. Data Utilization	Status	Example of Progress
A. Collect, analyze and utilize existing and new data sets to inform efforts to address substance misuse*	Action	 <p>Supported by the Center for Excellence/CHI, maintains the online Data Dashboard. Check the <a href="#">NH Governor's Commission Action Plan data dashboard</a><sup>28</sup> to track progress on the Action Plan objectives and targets.</p>
B. Conduct a statewide assessment of the impact of substance misuse on older adults	No Action	Overdose mortality and SUD treatment participation monitored and reported by age group through the DMI report. More comprehensive assessment of impact not yet initiated.
C. Centralize, standardize, and enhance police drug enforcement data	No Action	
D. Improve data acquisition and sharing of information related to opioid prescribing, naloxone dispensing*	Preparation	 <p>Members participated on the NH Prescription Drug Monitoring Advisory Council. Information from the NH Prescription Drug Monitoring Program<sup>29</sup> is reviewed periodically by Task Force members and input is provided on NH PDMP reports and information dissemination efforts.</p>
E. Establish a tracking system for DATA 2000 waived prescribers to determine if buprenorphine is prescribed following training*	Action	 <p>Supported activities to track waived prescribers after their training.</p>
F. Establish a surveillance system to collect the incidence of Hepatitis B and C, STDs, and HIV	Action	 <p>Members worked with the Bureau of Infectious Disease Control within the Division of Public Health Services to conduct a community level vulnerability assessment of drug-use related to infectious disease.</p>
Other Strategies	Status	Example of Progress
Investigate the feasibility of implementing Involuntary Civil Commitment for SUD in NH	Action	 <p>Continued to review feasibility of <a href="#">Involuntary Civil Commitment</a><sup>30</sup> including a virtual Listening Session with over 50 stakeholders from throughout NH. Will present recommendation to the full Commission in the Fall of 2020.</p>
Explore the cost effectiveness of Commission funded prevention and treatment programs	Action	The Commission released its first cost effectiveness report on January 1, 2020, <a href="#">the Cost Effectiveness of Substance Use Disorder Treatment in NH</a> .

<sup>28</sup> [nhcenterforexcellence.org/resources/data/nh-gov-commission-action-plan-dashboard/](https://nhcenterforexcellence.org/resources/data/nh-gov-commission-action-plan-dashboard/)

<sup>29</sup> [oplc.nh.gov/prescription-drug-monitoring/](https://oplc.nh.gov/prescription-drug-monitoring/)

<sup>30</sup> [nhcenterforexcellence.org/governors-commission/treatment-task-force/](https://nhcenterforexcellence.org/governors-commission/treatment-task-force/)

# Financial Report

The Commission has embarked on a new process which empowers Task Forces to bring forward investment recommendations to the Commission at designated meetings each year. Task Forces worked to bring forward investment recommendation priorities to the Commission for the first such meeting on March 6, 2020 which resulted in the investments highlighted in many of the examples of progress in the previous Strategies Updates section. The June Financial Report to the Commission is presented below.

Governor Commission Contracts SFY2020					
data as of 6.12.20 - LJh					
		SFY 2020	Funding from other sources	SFY 2021	SFY 2022
	Governor Commission Budget SFY20	\$ 10,000,000.00		\$ 10,000,000.00	\$ 10,000,000.00
	SFY19 Balance Forward	\$ 2,806,228.04			
	Carryover Contract Funding from SFY19 into SFY20	\$ 1,889,311.26			
	<b>Total Gov Comm Budget SFY20</b>	<b>\$ 14,695,539.30</b>		<b>\$ 10,000,000.00</b>	<b>\$ 10,000,000.00</b>
Contract Service Name	Description/Notes (if necessary)				
SFY19 Contracts brought forward into SFY2020 as of 7/1/19					
NCADD-Serenity Place TX SFY18 Funds Remaining		\$ 76,245.90			
NH Interscholastic Athletic Assoc	Life of an Athlete	\$ 26,274.52			
JSI - CFEX	Training & TA Contract	\$ 757,443.01			
SUD Tx Contracts (13 Providers)		\$ 241,229.38			
Foundation for Healthy Communities	Ambulatory MAT	\$ 277,375.78			
Juvenile Court Diversion Network		\$ 49,500.00			
Juvenile Court Diversion Network		\$ 162,458.20			
Prevention Direct Svs (5 Providers)		\$ 136,255.86			
Granite Pathways	Peer Family Support Svs	\$ 49,942.69			
Boys and Girls Club of Central NH		\$ 87,709.78			
Dept of Education		\$ 23,370.00			
SYCS Renovations-Admin Svs		\$ 1,506.14			
on 7/1/19		\$ 1,889,311.26	\$ -	\$ -	\$ -
SFY 20 Contracts/Obligations					
Harbor Homes	Faciliate development & networking of	\$ 1,275,000.00	\$ 1,813,667.00	\$ 1,275,000.00	
Juvenile Court Diversion Network		\$ 49,500.00		\$ -	
Juvenile Court Diversion Network		\$ 258,424.00		\$ 275,000.00	
NH Interscholastic Athletic Assoc	Life of an Athlete	\$ 250,000.00		\$ 250,000.00	
Foundation for Healthy Communities	Ambulatory MAT	\$ 556,000.00		\$ 556,000.00	
SUD Tx Contracts (13 Providers)	Other funds includes SOR Room & Board	\$ 1,520,000.00	\$ 8,109,890.00	\$ 1,520,000.00	
Prevention Direct Svs (5 Providers)		\$ 819,327.00		\$ 819,327.00	
Granite Pathways	Peer Family Support Svs	\$ 76,000.00		\$ 76,000.00	
JSI - CFEX	Training & TA (649,352/annual + 250k in 2020-Service to Science) Plus added funding (\$150k) Gov Comm Admin Support, prev messaging	\$ 1,131,194.00	\$ 1,615,668.00	\$ 799,352.00	
Governor's Office Staff - funds not encumbered	Budget Footnote	\$ 322,126.00		\$ 323,593.00	
SYSC Renovations	Remaining funds for misc - funds not encumbered	\$ 88,860.36		\$ -	
Dept of Education	Gov Comm approved this for 5 yrs	\$ 23,370.00		\$ 23,370.00	
MLADC-Manch only		\$ 32,000.00		\$ 32,000.00	
Prevention Cert Board of NH	Px Specialist Mentorship Program	\$ 12,000.00		\$ 12,000.00	
NH-Coalition of Recovery Residences	expires 6/30/21	\$ 375,000.00		\$ 375,000.00	
NH Domestic Violence Coalition	Early Childhood-Prevent & Mitigate	\$ 360,000.00		\$ 360,000.00	
NH Children's Trust-Family Resource Centers	Adverse Childhood Experiences	\$ 100,000.00		\$ 100,000.00	
Home Visiting with PH	(ACES)	\$ 250,000.00		\$ 250,000.00	
City of Dover	Substance misuse awareness among children & youth	\$ 15,564.00		\$ 40,000.00	
Evidence Based Px Curricula with DOE	Early Childhood-Prevent & Mitigate Adverse Childhood Experiences (ACES)	\$ 250,000.00		\$ 250,000.00	
Contract Commitments - not yet encumbered.					
Therapeutic Cannabis Education	Early Childhood-Prevent & Mitigate Adverse Childhood Experiences (ACES)	\$ 10,000.00		\$ 10,000.00	
Community Based Px Coalitions		\$ 100,000.00		\$ 100,000.00	
Bridge Housing - released from corrections		\$ 950,000.00			
March 2020 Gov Commission Meeting New Obligations		\$ 3,654,000.00		\$ 1,300,000.00	\$ 450,000.00
Total approved Gov Comm Obligations SFY2020		\$ 12,478,365.36	\$ 11,539,225.00	\$ 8,746,642.00	\$ 450,000.00
Total all Governor Commission Obligations		\$ 14,367,676.62	\$ 11,539,225.00	\$ 8,746,642.00	\$ 450,000.00
SFY19 contract liquidations - now available					
		\$ 146,300.59	\$ -	\$ -	\$ -
<b>Total Governor Commission Funds Remaining</b>		<b>\$ 474,163.27</b>		<b>\$ 1,253,358.00</b>	<b>\$ 9,550,000.00</b>

Contracts expire 6/30/20 unless otherwise noted.

## Conclusion

The Governor's Commission on Alcohol and other Drugs is pleased to report that **94% of strategies** included in the ***Expanding Our Response*** Action Plan<sup>31</sup> had significant activity in state fiscal year 2020. Despite working in unprecedented times due to the COVID-19 pandemic, the Governor's Commission on Alcohol and other Drugs was able to recommend and fund significant prevention, treatment and recovery strategies throughout the state. This supported NH's continued work to address the addiction crisis amidst the complex pandemic environment.

## ACKNOWLEDGMENTS

The Commission extends its gratitude to Governor Sununu and the New Hampshire Legislature for the leadership and commitment exhibited relative to the state's opioid public health epidemic and the on-going challenges of expanding alcohol and drug misuse services across the continuum of care.

The Commission thanks the many members of its task forces, state agency staff, advocates, family members, Doorways Providers, 2-1-1 NH and the hundreds of community providers who work to maximize opportunities to make a difference in preventing alcohol and drug use disorders, expanding treatment and promoting recovery.

The Commission thanks the NH Center for Excellence staff at the Community Health Institute/JSI for data gathering, coordinating, and drafting of this report.

---

<sup>31</sup> [http://1viuw<sup>040</sup>k<sup>2</sup>mx<sup>3</sup>a<sup>7</sup>mwz<sup>1</sup>lwva<sup>5</sup>-wpengine.netdna-ssl.com/wp-content/uploads/2019/02/FINAL-Gov-Comm-1\\_16\\_19rev.pdf](http://1viuw<sup>040</sup>k<sup>2</sup>mx<sup>3</sup>a<sup>7</sup>mwz<sup>1</sup>lwva<sup>5</sup>-wpengine.netdna-ssl.com/wp-content/uploads/2019/02/FINAL-Gov-Comm-1_16_19rev.pdf)